North Carolina State Health Plan
FOR TEACHERS AND STATE EMPLOYEES
A Division of the Department of State Treasurer

Board of Trustees Meeting

December 5, 2025
9:30 a.m.-1:30 p.m.

1.	**Convene Meeting** • Welcome • Roll Call for Attendance • Conflict of Interest Statement	**Brad Briner, Chair**
2.	**Consent Agenda** ***(requires Board approval)*** • Minutes – August 15, 2025 and September 26, 2025	
3.	**Public Comment**	
4.	**A Year in Review** • Plan Staff • Open Enrollment Recap • Preferred Providers • Hinge • Ventricle Health • Lantern Surgical Benefit • Hello Heart	**Tom Friedman** *Executive Administrator* **Caroline Smart** *Deputy Exec. Administrator* **Beth Horner** *Chief of Staff/Dr. Communications*
5.	**Local Government Discussion**	**Cindy Avrette** *Assistant General Counsel*
6.	**2024 Population Risk Report**	**Segal Consulting**
7.	**Financial Reports** • Other Post-Employment Benefits (OPEB) Report	**Emma Turner** *Director, Analysis, Econ. & Finance* **Charles Sceiford** *Health & Benefits Actuary*
8.	**2027 Benefit Discussion** • Preferred Provider Expansion • Bundles Expansion (Maternity/Cancer)	**Tom Friedman**
9.	**Adjournment**	**Brad Briner**

2026 Meeting Dates: March 4, June 5, July 10 and December 4