## Health Plan Advisory Council

## The Data Diet

Sharing Data with Providers to Enable Population Management

1 \ The Data Diet

→ How to Sell Data to Providers

3 \ Questions

## **A Growing National Priority**

Health Care Spending Billions to Take Advantage of Data

#### Data Investments from 2011-2016







#### **Capture Data**

\$6B

Wearables

Electronic medical record systems

\$21B Remote patient monitoring

### **Analyze Data**

3M IBM's Watson supercomputer

\$35B Health information technology

### **Share Data**

\$1B Health information exchange platforms

\$31B Meaningful use / interoperability

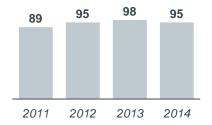
\$101B Total estimated data spending

Source: Lieberman M, "The Wearable Future," PriceaterhouseCoopers LLP, available at: <a href="www.pwc.com">www.pwc.com</a>; Wang T and Malay Gandhi, "Digital Health Funding: 2014 Year in Review," Rock Health, 2015, available at: <a href="www.neckhealth.com">www.neckhealth.com</a>; "EMR/HER Spending to Hit \$6 Billion by 2015," University of Illinois at Chicago, available at: <a href="www.healthairformatics.uic.edgi, Lewis N, "Remote Patient Monitoring Market to Double by 2016," Information/Week, July 24, 2012, available at: <a href="www.neck.com">www.neck.com</a>; Manos D, "Study: Health IT spending to top \$34.5B," Healthcare IT News, August 29, 2013, available at: <a href="www.nealthcareinthews.com">www.new.nealthcareinthews.com</a>; Marian L, "Cate more afford an IBM Watson supercomputer? (Yes)," Computerworld, Inc., February 21, 2011, available at: <a href="www.computerworld.com">www.computerworld.com</a>; "July 2015 Summary Report," Centers for Medicare and Medicaid Services, July 2015, available at: <a href="www.www.computerworld.com">www.computerworld.com</a>; "July 2015 Summary Report," Centers for Medicare and Medicaid Services, July 2015, available at: <a href="www.www.computerworld.com">www.computerworld.com</a>; "July 2015 Summary Report," Centers for Medicare and Medicaid Services, July 2015, available at: <a href="www.www.computerworld.com">www.computerworld.com</a>; "July 2015 Summary Report," Centers for Medicare and Medicaid Services, July 2015, available at: <a href="www.www.computerworld.com">www.computerworld.com</a>; "July 2015 Summary Report," Centers for Medicare and Medicaid Services, July 2015, available at: <a href="www.www.computerworld.com">www.computerworld.com</a>; "July 2015 Summary Report," Centers for Medicare and Medicaid Services, July 2015, available at: <a href="www.www.computerworld.com">www.computerworld.com</a>; "July 2015 Summary Report," Centers for Medicare and Medicaid Services, July 2015, available at: <a href="www.www.computerworld.com">www.computerworld.com</a>; "Jul

## Larger Systems Taking on More Risk Each Year

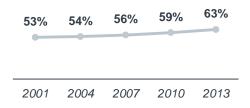
# **Hospital Mergers and Acquisitions**

2011-2014



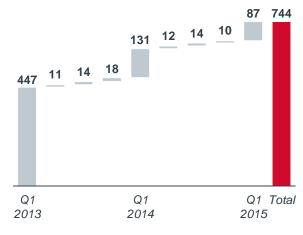
## Share of Hospitals in a System

2001-2013



# **Total Number of New Public and Private ACOs by Quarter**

Q1 2013 - Q1 2015

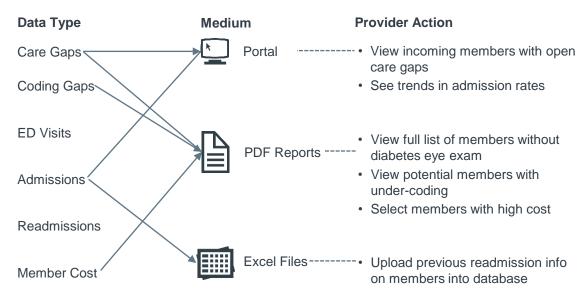


Source: AHA Chartbook, available at <a href="www.aha.org">www.aha.org</a>; Kaufman Hall, "Number of Hospital Transactions Remains High in 2014," available at: <a href="www.kaufmanhall.com">www.kaufmanhall.com</a>; Muhlestein, D, "Growth and Dispersion Of Accountable Care Organizations In 2015," Health Affairs, March 31, 2015, available at <a href="http://www.healthaffairs.org">http://www.healthaffairs.org</a>; Health Plan Advisory Council interviews and analysis.

## A Data Smorgasbord

### Incalculable Combinations of Format and Content Available to Providers

#### Plan Data Shared with Providers

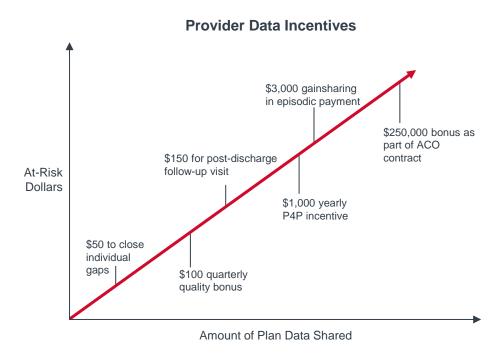


50-60%

Growth in FTEs for plan analytics departments

## **Throwing Money at Providers**

#### Incentives Abound for Data



## Plans Challenged by Inability to Effectively Motivate Providers

### Plan View of Data Sharing



# Frustration Points:

- Not able to embed in provider EMR
- Send unhelpful information to providers
- Not clear which gaps closed
- Insufficient coding and clinical information
- Few providers measurably improving
- Providers uninterested in discussing performance
- Incentives not correlated to improved plan performance
- Lower star ratings due to inactivity

## Not Alone In Our Frustration

### Providers Unable to Use Plan Data in Current Environment

### Providers Agreeing That Care Gap Data Is1...

Not Worth Time

63%

Our biggest challenge is data overload."

Senior Director of Quality, academic medical center Unreliable

67%

If physicians find data reports to be **inaccurate** or incomplete, they are less likely to review them the next time."

Family medicine physician, physician association

Untimely

79%

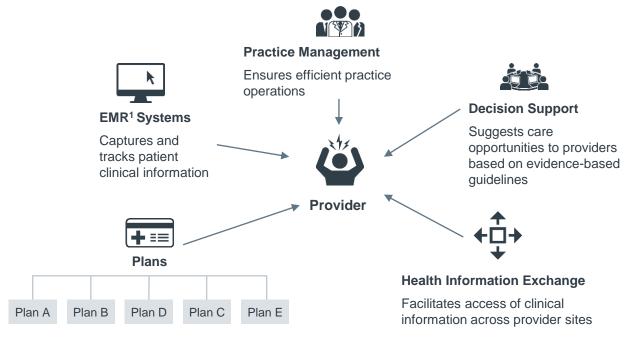
Providers are always playing catch-up because of the untimeliness of data."

Family medicine physician, academic medical center

Based on Health Plan Advisory Council 2015 Plan-Provider Data Survey (n=63).

## Providers Receive Near-Daily Changes to Patient Picture

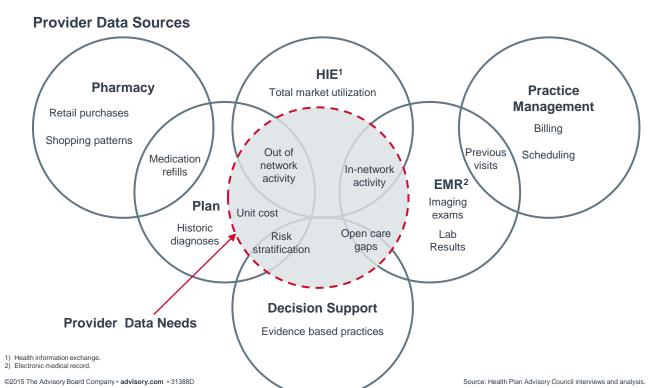
#### **Provider Data Sources**



Electronic medical record.

## Lacking a Single Source of Truth

Duplicative Sources Occasionally Contradictory, Often Unnecessary



## **Selling Your Value**

### How Plans Need to Convince Providers to "Use Their Color"

### **Provider Data Strategy**



#### **Focused Reports**

Make products intuitive and similar to others that they might use



### **Ingratiated Teaching**

Demonstrate to providers how they can use this product to transform their practices



#### **Effortless Interaction**

Create a seamless process to make it easy to use the product



#### **Reciprocal Benefits**

Show how using the product will benefit providers' strategic priorities

#### **Increased Data Demand**

Providers requesting and using data to drive quality improvement initiatives

## How to Sell Data to Providers

1

# Focused Reports

- Reporting Consistency
- 2. Missed Earnings

2

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- 3. Personality Tests
- 4. Matched Resources
- 5. Leader Engagement
- Autonomous Improvement

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- 7. Forced Prioritization
- 8. Meeting Management
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## An Undue Burden

## Report Diversity Slows Down Practice

### **Data Report Attributes**













## 66

#### **Time Drain**

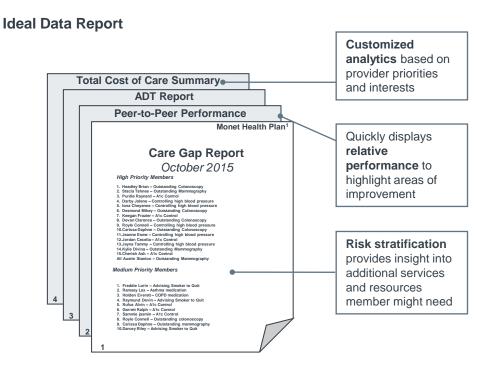
"It takes so much time on my part to learn how to read each health plan's data reports. It's a significant inconvenience."

Director, Quality Improvement and Care Management at Presto Health<sup>1</sup>

15

Average number of health plans that providers typically work with simultaneously

## **Principles of Good Design**



## **Collective Input**

## TennCare Gains Buy-in By Gathering Opinion



#### Case in Brief: TennCare

- Tennessee's Medicaid program that serves 1.3M members
- Requires MCO¹ participants in the Tennessee Health Care Innovation Initiative to adopt their data report template



#### TennCare Valued Feedback

160

Number of stakeholder roundtable meetings TennCare held over 14 months with 180 different groups.

### **Stakeholder Roundtable Participants**

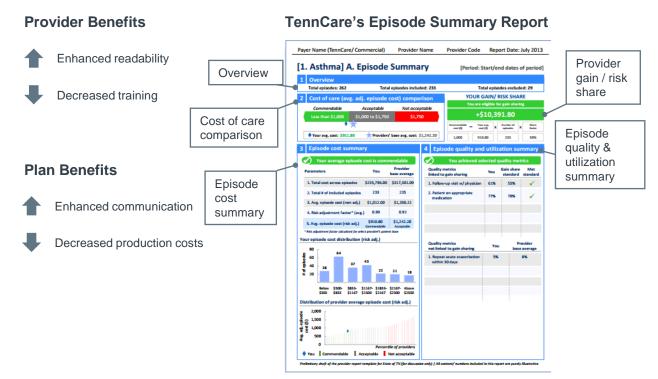
February 2013-April 2014



Managed care organization.

## **State-Mandated Consistency**

## TennCare Dictates Program and Report Terms

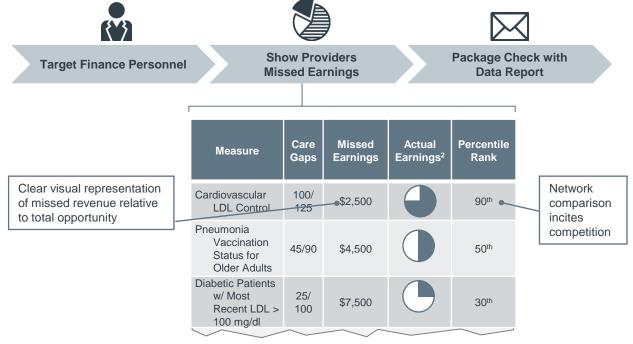


2. Missed Earnings

## Focus on the Loss

## Target the Right People with the Right Information

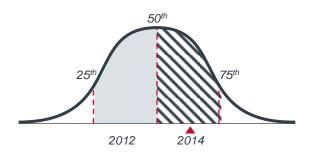
#### **Health Partners Plans' Incentive Distribution**



## **Highlighting True Physician Performance**

#### Health Partners Plans' HEDIS<sup>1</sup> Score Performances

By Percentile; 2012-2014



1 st Health Partners Plans' HEDIS score rank in Pennsylvania



### Shining a Spotlight

"Physicians think they are performing above average and these missed earnings reports shed light on their true performances. These reports motivate them because they show how physicians could be doing better."

Dr. Steven Szebenyi Chief Medical Officer, Health Partners Plans

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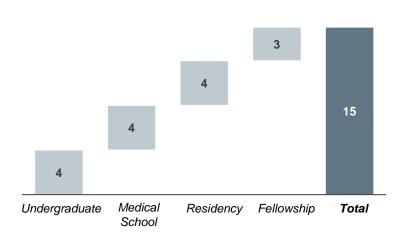
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## **Providers are Natural Students**

### Years of Education Required to Become Physician





## **Lifelong Learners**

"There's always more to learn, and no matter how hard any of us try, there's rarely enough time for one person to learn it all."

Theresa Brown, R.N.

## **Plans are Uneasy Teachers**

## Making Wrong Moves Turns Off Providers from Learning

### Plan Actions To Support Providers in Data-Sharing

Current Practice Suggested Practice



Communicate with providers based on plan priorities rather than provider needs



Match teaching styles based on provider experience and current ability



Ignore slow learners in provider network



Additional support services for low-performing providers to engage in data use



Interact with provider leadership only when a problem arises



Initiate discussions at leadership level to disseminate efforts across organization



Dictate the terms of performance improvement for the provider



Empower providers to self-identify areas for improvement using data

## **Designated Analysts Boost Provider Capacity**

## Analysts Customize Teaching, Create Continuity of Relationship

### **Custom Pairings of Plan and Provider Staff**

### Providers

#### **Beginners**

"This report is so confusing. I don't understand it."

"How do I access the Provider Dashboard?"

### Plan Staff



## Patient Teacher and Communicator

"Let me run over it with you."

"Let me show you."

#### Intermediate

"How can we run this analysis regularly?"



#### Motivator

"I can come next week to train your providers. Let's see if we can make this easier for you!"

#### Advanced

"How can I use this data to see the types of people frequenting the emergency room?



Innovator

"Let me show you how to apply this information to other trends." 4. Matched Resources

25<sup>th</sup>

## No Provider Left Behind

Provider Engagement Strategy

## Capital BlueCross Proactively Helps Providers Perform Better

90th

### **Quality** First Accountable Care Arrangement<sup>SM</sup> Program

Provider Engagement Strategy	Percentile	Percentile
Meets quarterly to discuss clinical performance	<b>~</b>	<b>~</b>
Distributes performance-based incentives for achieving Triple Aim attainment and improvement levels	<b>*</b>	<b>~</b>
Identifies and communicates root cause(s) of low performing provide	rs	<b>~</b>
Deploys resources to implement		



### **ACA<sup>1</sup> Program Results**

35% Reduction in inpatient admissions

8%
Reduction in readmissions

8.4% Reduction in ER visits

best practices

## **Leadership Investment Pays Dividends**

## Peer to Peer Engagement Bolsters Provider Confidence

### **Leadership Qualities**

Picasso Health Plan<sup>1</sup> Medical Director



- In-depth knowledge of provider market
- Ability to use data to inform trouble-shooting
- Capacity to consult on shortterm vision with long-term goals in mind

#### Practice Medical Director



- Interest in managing an aging population under risk
- Ability to campaign and get buy-in internally for data-sharing initiatives
- Knowledge of how to manage geriatric-specific conditions

#### Joint Activities

- Launched Medicare Advantage boot camp to onboard all new Medical Directors
- Met regularly during monthly Medical Directors Forum
- Decided on engagement strategy and co-created the terms of the informal consultation

## Reigning in Outliers by Reinforcing Leaders

#### **Targets for Readmission Reduction**

SNF<sup>1</sup> Days



Medication Adherence



#### Intervention

Provider used SNF utilization data to create a list of preferred skilled nursing facilities.

Using patient discharge and medication lists, providers developed a customized platform using FaceTime for virtual pharmacist follow-up.

### Plan Leader Role

- Offered SNF utilization data and highlighted areas of improvement
- Advised on how to re-shape agreements with SNFs

- Consulted on how to best allocate resources
- · Advised on how to allot pharmacist time

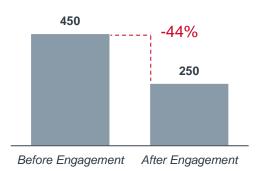
#### Provider Leader Role •

- Agreed to cut SNFs out
- Disseminated list of preferred SNFs throughout the organization
- Rolled out innovation through staff delegation and project planning
- Inspired buy-in from other provider staff

## **Keeping Good Results In-Network**

#### **Readmission Rate**

Readmissions Per 1,000 Members



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"After a long two years, they really did turn it around. When we look at where they are now, especially for a smaller provider, they are one of the higher performers in our network, considering their utilization measures, risk score and overall financial performance in MA."

> Executive in Network Contracting, Picasso Health Plan

## **Letting Providers Lead**

## MACIPA Instills Project Ownership to Enhance Clinical Performance

### **Project Selection Process**



#### Benefits of the QI Projects



Improved care quality and member satisfaction



Surplus distribution program eligibility



Showcase at annual yearend conference



# Case in Brief: Mount Auburn Cambridge Independent Practice Association (MACIPA)

- 500-physician multispecialty practice in Massachusetts
- MACIPA requires all specialty groups to conduct one QI<sup>3</sup> project annually on underperformance areas to be eligible for the surplus distribution program

<sup>1)</sup> Nurse practitioner.

<sup>2)</sup> Primary care physicians.

<sup>()</sup> Filliary care physicians.

Quality improvement.

## **Providers' Own Results**

## Practice Autonomy Creates Sustainable Changes



Decrease variability in GERD¹ endoscope performance



### Internal Operations

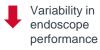
Developed a single protocol for treating GERD, consistent with national standards



### **External Community**

Educated PCPs<sup>2</sup> on the new treatment algorithm and when to refer for endoscopies

#### **Results**







### **Seeing the Bonus**

65% Average percentage of specialists who receive QI bonus

<sup>1)</sup> Gastroesophageal reflux disease.

Primary care physicians.

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## Are You Too Much To Handle?

## Physicians Overburdened by Numerous Plan Needs

#### Plan Obstacles to Provider Ambitions



#### **Provider Priorities**

- Patient care
- Clinical research
- Marketing
- Technology investments



**Diversity -** Most providers are working with an average of 8 to 15 plans



**Time -** Administration already takes too much of providers' time and attention



Analytics - Providers are in various stages of IT and analytic capability, hampering effective data use



PCPs and specialists feel overwhelmed and frantic by mountains of data sent by plans demanding action

## **Avoiding Time Traps**

## Plans Can Find Opportunities to Save Providers Time

#### **Perceived Time Wasters**

1

#### **Using Plan Data**

Providers spend time figuring out which reports go with each member and what that member might need 2

# Meeting on New Initiatives

Multiple stakeholders involved in each decision preventing efficiencies in working with the plan

3

# Re-discussing Priorities

Plan turnover and non-dedicated staff create redundancy in repeating background with each new request

## **An Extra Pair of Hands**

## Make it Easy for Providers to Prioritize Your Patients

### **Plan Navigator Process**







Weekly Calls Identify Care Gaps



Practice Flags Action for the Provider

	Patient Name	Insurance	Appointment Time
ĺ	Jones, Clark	AHP	9:30 AM
	Kasich, Joe	LHP	9:45 AM
ĺ	Lamont, Kelsey	AHP	10:00 AM
Ī	Nesbit, Chelsea	LHP	10:15 AM

"Mr. Jones is coming in two weeks to your facility for an appointment. He has an outstanding diabetic eye exam that we'd like to flag for completion."

Patient	Outstanding
Name	Care Gap
Jones,	Diabetes Eye
Clark	Exam
Lamont,	HbA1c
Kelsey	Screening

## **Working Behind the Scenes**

### **Navigator Member Management**

#### Compliance Check

- 1 Logs into population health management tool to pull percentage compliance<sup>1</sup> for each member on plan-wide select chronic conditions.
- Uses compliance information to inform coaching and questions to the member.

M

12% Improvement on diabetes quality measures for all participating clinics

#### Member Calls

#### **Weekly Call Report**

- Identifies whether call was successful
- Notes type of care gap, intervention, and barrier
- Notes any additional provider education provided through phone conversation
- Notes any member complaint or reason for care gap

Percentage compliance is calculated by whether specific quality metrics have been met and care gaps closed for each chronic condition.

## **Common Language Leads to Provider Progress**

## Meeting Stratification Maximizes Provider Capacity for Kahlo Health Plan<sup>1</sup>

Monthly Data Meetings (1 hour)



Scope

Dig deeper into TCOC<sup>2</sup> data and determine areas of focus

Quarterly Leadership Meetings (2 hours)



Review high-level performance around TCOC and Quality

Monthly Quality Meetings (1 hour)



Dig deeper into quality data and determine areas of focus

Sample Attendees Plan: Contract Manager, TCOC Consultant, Director of Finance

Provider: Contract Manager, Finance Analyst

Plan: Director of Provider Relations, Quality Program Manager, Contract/Account Manager, Director of Finance, TCOC Consultant, Medical Director

Provider: VP of Revenue Management, CMO, Director of QI, Director of Contracting, Contract Manager Plan: Contract Manager, Medical Director, Quality Program Manager

Provider: Provider Medical Director, Director of Quality, Quality Coordinator

Sample Agenda Items

- Follow-up from Leadership Meeting
- Review High Tech Imaging
  Utilization and Outflow
- Quarter 1- TCOC Review
- Quarter 2- Quality Review
- Follow-up from Leadership Meeting
- Admissions: Top Diagnoses and Admissions by Clinic

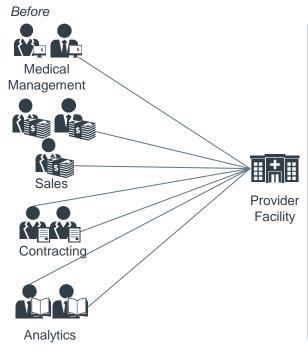
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 Tatal and of

<sup>2)</sup> Total cost of care.

## **Team-Based Care**

### **Dedicated Teams for Accountable Care Networks**

#### **Priority Provider Staffing Model**

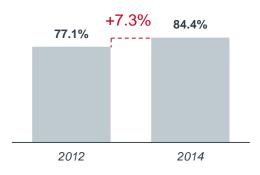




## **Satisfied Customers**

## Reporting Structure Enables Productive Plan Help

#### **Provider Satisfaction**



### 66/

"Previously, we had numerous independent initiatives with our provider partners that were managed at the department level. The IDT teams have helped us collectively manage our portfolio of improvement activities and allowed us to get greater utility from our analytic resources."

Molly McCarthy, AVP Provider Network Performance Priority Health

#### **Interdisciplinary Team Benefits**



Improved **internal communication** of provider needs and strategies



Enhanced **provider engagement** on pre-existing and new initiatives



Strengthened **plan structure** through skillset specialization



Focused **data analytics** efforts and incorporation into business strategy

## **Fully Aligned Incentives**

### Tying Financial Stake for Plan Staff to Provider Performance

# Provider Quality Specialists' Job Description at Dali Health Plan<sup>1</sup>

#### **About The Role**

- Background: Analytics savviness, ability to communicate successfully with both providers and business managers; familiarity with clinical care
- Tools and reports: Member roster; care gap reports; provider profiling data; "frequent flier" ED reports by member; MLR<sup>2</sup> and other cost of care data; incentive performance status
- **Metrics of success:** Provider group's clinical quality and cost performance

We are seeing a more effective focus on the part of medical groups on what needs to be done to improve metrics that influence financial incentives.

Vice President, Network Management

### **Provider Quality Specialists:**

- 1 Provide timely data to the provider
- Intervene proactively and engage with providers due to ongoing relationship
- Understand both clinical and analytical data to translate actionable items for the provider
- Communicate how improved performance can increase group's financial incentives

<sup>1)</sup> Pseudonym.

Medical loss ratio.

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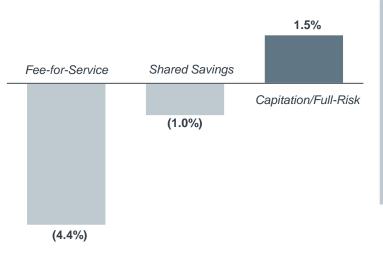
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## **Hesitant to Take the First Step**

## Economics of Contracts Put Long-Term Sustainability Into Question

# Margin Impact of 10-Percent Reduction in Inpatient Utilization

Under Various Payment Models





#### What's In It for Us?

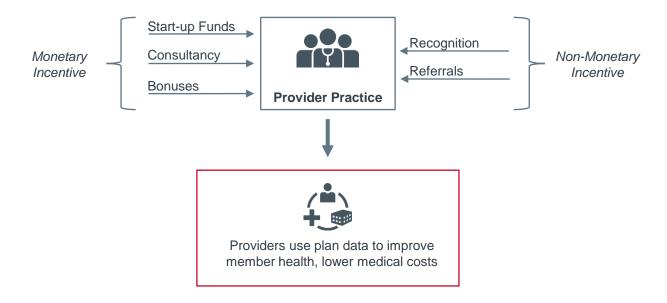
There is no real upside. You are taking on risk and have to manage utilization. It's a cost reduction strategy – you won't find any benefit from taking on risk for capping your utilization.

Chief Financial Officer, Small Health System in Northeast

## **Show Me The Money (or Not)**

Plan Incentives Designed to Accelerate Transition to Value-Based Care

#### **Provider Incentives**



## **Committed Finances**

### Passport Requires Provider Investment in Collaboration

#### **Passport Health Plan's Selection Process**

Total
Providers
in Network

#### Questions

- Does Passport have a good relationship with the provider?
- What is Passport's market share in the provider's market?
- How many highrisk members does the provider have in their market?

Potential Provider Partners

#### Questions

- Is the provider willing to pay for assessment of opportunities?
- Is there buy-in from internal and external stakeholders for this project?
- Does the provider have adequate IT and data infrastructures?

Provider Partners

#### **Decision Factors**

- ✓ Willing to finance consulting services
- ✓ Strong relationship with Passport
- ✓ Small, rural providers with strong internal and external buy-in

## **Peeking Under the Practice**

## Passport Assesses Providers Before Partnering

#### Readiness Assessment Survey<sup>1</sup>

#### **Provider Questionnaire**

#### Leadership

- What are your institution's revenues by payer type?
- What are your institution's inpatient admissions? Outpatient admissions?

#### IT Infrastructure

- What is your institution's EMR system?
- What are current interoperability challenges?

#### **Diagnoses**

 Please list the 10 most common diagnoses at your institution.

#### **Physician Relations**

• To what degree does your institution have physician alignment?

#### Internal Interviewees

- C-Suite
- Project champions (e.g., Project Managers from the Strategic Planning and Project Management departments)

Goal: Evaluate staffing and IT capabilities, and organizational willingness and readiness to change

#### **External Interviewees**

- Local pharmacists
- · Post-acute care facilities
- Public health officials
- Social workers
- · Community advocates

Goal: Determine community opinions of the provider and ability to support population health

Survey questions are generated and sent electronically to providers via SurveyMonkey.

## **Calculating Provider Returns**

#### Show Providers Costs and Gains to Instill Confidence

#### Financial Inputs of Passport's Population Health Model

#### **Cost Inputs**

- Staff (e.g., data analysts, care navigators, and social workers)
- EMR and other IT upgrades
- Interventions
- Relationships with other community providers

#### **Financial Model**



Calculated return for providers in value-based contract

#### Potential Revenue

- · Increased volumes
- Patient satisfaction bonuses
- Shared savings bonuses
- Coding efficiency bonuses

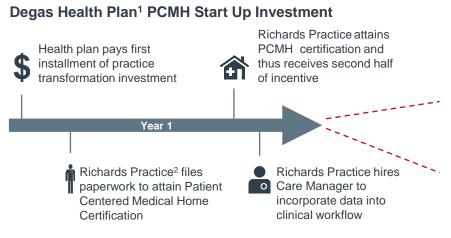


### **Reducing ED Utilization**

10% Target ED utilization reduction rate for Passport's two provider partners

## Offering Bridge Financing to Get Started

## Incenting Success by Tying Ask to Money





Plan achieves quality goal for the year

Provider attains PCMH

 Funds can be used by providers to directly invest into further practice transformation

certification



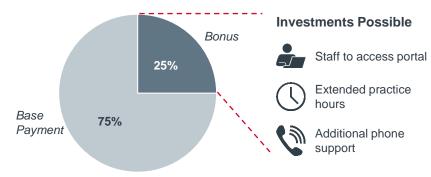
- Practice does not attain PCMH certification
- Practice does not receive second installment of practice transformation investment
- Practice is not eligible to earn Total Cost of Care Shared Savings or Quality Improvement incentives until certified

1) Pseudonym.

## **Bonus Resources**

### Large Incentive Provides Funds for Practice Enhancements

#### **Provider Payment Structure**







#### Case in Brief: Central California Alliance for Health (CCAH)

- Non-profit health plan that serves over 325,000 members in the Santa Cruz, CA area
- Providers eligible for bonus if they meet or surpass clinical performance benchmarks set by peers
- ED utilization data available through CCAH portal

## **Complement Incentives with Recognition**

Provider Efforts Applauded, Competition Inspires More Action

### **Quality Rewards Met With Enthusiasm**



Blue Cross Blue Shield of Louisiana dedicates an entire day to recognizing provider quality efforts and disseminating best practices.



Providers receive annual rewards for best performance on four chronic diseases in quality program, propelling competition amidst providers.



Winning performers are featured in online provider listing, local and statewide press releases, and on social media.

#### Quality Blue Primary Care Promotional Toolkit

- Copies of Quality Blue program logo with instructions for proper use
- Template press release to announce program participation
- Template text and samples for social media posts



>200

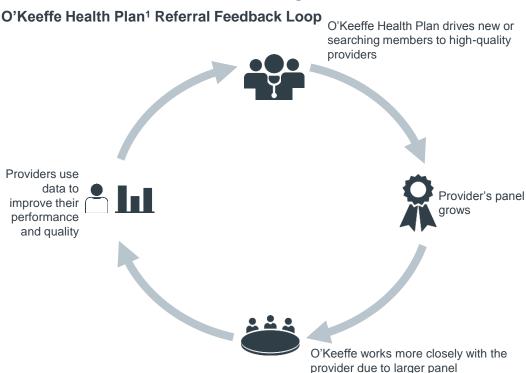
Attendees at the Annual Rewards Collaborative Day 69%

Improvement on chronic kidney disease measures

49

## **Use Quality Performance as Referral Opportunity**

## Offer Members the Value of Your Highest Performers



## How to Sell Data to Providers

1

# Focused Reports

- Reporting
   Consistency
- 2. Missed Earnings

2

# Ingratiated Teaching

- 3. Personality Tests
- 4. Matched Resources
- 5. Leader Engagement
- Autonomous Improvement

3

# Effortless Interaction

- 7. Forced Prioritization
- 8. Meeting Management
- Provider Pods
- Financially-Aligned Plans

4

# Reciprocal Benefits

- 11. Provider-Financed Consulting
- 12. Start-up Financing
- 13. Bonus Investing
- 14. Awards Incentive
- Referral Management

The Data Diet

How to Sell Data to Providers

3 \ Questions