

# **State Health Plan**

## **HBR Webinar**

June 2025





# Presentation Overview

- How We Got Here
- 2026 Benefit Changes
- Aetna Transition



## Challenges Inherited: How We Got into a Financial Challenge

- Medical and Pharmacy trend have exceeded growth in employer contributions and employee premiums.
- Unchanged premiums and benefits.
- The employer contribution, while growing, hasn't fully offset the difference between trend and lack of changes to premiums and benefit changes.
- Unintended consequences of the Clear Pricing Project (CPP).
- Lack of population health focus.
- The State Health Plan has a \$500M shortfall in 2026 and an additional \$800M shortfall in 2027.
- In recent years, the state budget has averaged an increase of around 3.3% annually toward the State Health Plan cost.
- Current budget proposals would represent about 5% more than was contributed last fiscal year- which signifies a priority on state employee health in a year that there is so much need in our state with Hurricane Helene, the Legislature provided much needed support to help with our current deficit.
  - The Plan did request funding for GLP-1 coverage, but until the budget is final, we don't have a clear path to a program.

# **Evaluating Solutions**

#### **Balancing Impact and Feasibility**

To address the budget shortfall responsibly, every proposed change is evaluated with a holistic view of its impact. We are committed to making changes that consider member needs, operational capacity, and financial sustainability.

#### MEMBER IMPACT

- Will this change maintain or enhance member access to quality care?
- Are potential financial benefits worth any trade-offs in member experience?

#### OPERATIONAL IMPACT

- Can this change be implemented efficiently within existing systems and resources?
- Will it introduce complexity or risk that could unnecessarily disrupt services or create unintended challenges?

#### FINANCIAL IMPACT

- Will this change meaningfully contribute to closing the budget gap?
- Are the financial gains substantial enough to justify potential impacts on members or operations?

## **State Health Plan Strategy**

# 2025 $\rightarrow \rightarrow \rightarrow$ Long-term / ongoing

## ADDRESS THE FISCAL CLIFF

- Premiums
- Plan Design
- Formulary

## ENSURE THE CLIFF WON'T COME BACK

- Price/Quality Transparency
- Be the partner of choice to improve price and access
- Bring back population health
- Support screenings

## EMPOWER LONG-TERM HEALTH

- Member-friendly structures to improve health and reduce chronic disease
- Quality first network
- Strengthen rural health access (especially specialty care)



## **Clear Pricing Project Evolution**

The Clear Pricing Project taught the Plan a lot about contract direction, and those learnings are the framework going forward.



Members benefited from lower out-of-pocket costs and better access and was easy to understand.

Providers received financial sustainability and predictability and there were certainly high-quality providers in the network. HOWEVER, the incentive was designed around volume.

The Plan has concrete evidence that positive member steerage works BUT the Plan carried the full financial risk that led to a \$450M variance from stated projections and actual results.



## **CPP Will Evolve Into Preferred Providers**

Focus remains on patient steerage, improving financials, but adding quality and access specificity.

### CURRENT STRUCTURE

Anyone eligible who will take 160% of Medicare

Reduced member cost share



### PREFERRED PROVIDERS

Focus on PCP, Behavioral Health, and multi-disciplinary specialty

Enhanced payment from Aetna fee schedule through care management fees, shared saving, steerage bonuses

Enhanced data access for decision making

No Medical Prior Authorization

## **Clear Pricing Project Terming** - Other Programs

With the current version of the Clear Pricing Project ending Dec. 31, 2025;

the State Health Plan continues its COMMITMENT to PROVIDING OUR MEMBERS access to

HIGH QUALITY and AFFORDABLE BEHAVIORAL HEALTH SERVICES.



Chiropractor / Physical Therapy / Occupational Therapy: IN PROGRESS to develop an alternative path forward (likely 2027).

Other services: ENDING





# **2026 Plan Changes**

# **Plan Design Summary**

 $\bigcirc$  GOAL: Eliminate the ~ \$500M shortfall.



NEW PLAN NAMES will be introduced in an effort to move away from numerical/actuarial plan names.

70/30 Plan  $\rightarrow$  Standard PPO Plan 80/20 Plan  $\rightarrow$  Plus PPO Plan

Humana® Group Medicare Base and Enhanced Plans → Humana® Medicare Advantage & Humana® Prescription Drug Base (PPO) and Enhanced (PPO) Plans



## **2026 Plan Design Changes Active and Non-Medicare**

	2025		2026	
SERVICES	70/30	80/20	STANDARD	PLUS
Annual Deductible	\$1,500 / \$4,500	\$1,250 / \$3,750	\$3,000 / \$9,000	\$1,500 / \$4,500
Out-of-Pocket Maximum (Combined Medical and Pharmacy)	\$5,900 / \$16,300	\$4,890 / \$14,670	\$6,500 / \$16,300	\$5,000 / \$15,000
In-Patient Hospital / Emergency Room	\$337 +ded/coins	\$300 +ded/coins	\$600 +ded/coins	\$500 +ded/coins
Out-Patient Surgical Copay	ded/coins	ded/coins	\$350 +ded/coins	\$300 +ded/coins
Primary Care Provider Office Visit	\$45 / \$30 / CPP \$0	\$25 / \$10 / CPP \$0	\$50 / \$40 / \$15*	\$40 / \$30 / \$10*
Specialist Visits	\$94 / CPP \$47	\$80 / CPP \$40	\$94 / \$50*	\$80 / \$40*
Behavioral Health Provider	\$45 / CPP \$0	\$25 / CPP \$0	\$15	\$10
Speech, Occupational, Chiropractic and Physical Therapy	\$72 / CPP \$36	\$52 / CPP \$26	\$62	\$42
Rx Tier 1	\$16	\$5	\$25	\$15
Rx Tier 2	\$47	\$30	\$75	\$55
Rx Tier 4	\$200	\$100	\$200	\$100
Rx Tier 5	\$350	\$250	\$600**	\$500**
Actuarial Value	79.8%	84.6%	74.8%	81.5%

\*Lowest copay for preferred providers. \*\*Manufacturer's coupons would generally cover increased copay. \*\*\*Premiums to be determined in Aug.

# **2026 Benefit Changes**

Through the process the Plan has identified some wins for members.

- The tobacco attestation credit will be removed, and members will receive the credit.
- Projections are looking more like a \$5 increase in premiums instead of \$20 for the lowest salary band.
  - Reminder, bands and premiums are not yet available. Once the vote occurs, an HBR Alert will be sent.

<b>Point Solution Considerations</b> to Improve Member Experience and Health Where Access is Limited or Based on Feedback						
SOLUTION		RATIONALE				
V Hello Heart		Provide rural members with tool to monitor Blood Pressure daily and receive coaching and assistance.				
Ventricle health		Provide rural members with a Cardiovascular Care Physician after discharge (focus on low access communities).				
Hinge Health		Provides in home option to support MSK Health.				
		Works to identify geographies with food diseases. Provide high quality food to improve health and reduce Emergency Room use. (PILOT PROGRAM)				

Bundle Program for surgical/ortho is in the works as well.

# **2026 Medicare Advantage Changes**

CMS made some policy changes for 2026. These changes improved the flexibility of Medicare Advantage plans making it easier to split how companies, like Humana administer medical and pharmacy benefits.

#### THE SAVINGS IS MEANINGFUL, which allows the State Health Plan to keep benefits stable for members.

Splitting the Medicare Advantage (Medical) and Prescription Drug Plan (Pharmacy) while running them concurrently with Humana is really all done on the back end with members not experiencing a lot of change.

#### POSSIBLE MEMBER IMPACT INCLUDES:

- 2 ID cards one for medical, one for pharmacy
- 2 confirmations of enrollment one for medical, one for pharmacy (these are CMS required, and system generated)
- Some duplicated mandated notices
- Extra communication will need to occur on the pharmacy side of things.

## This change allows for Only One slight change to benefits for BOTH Humana® Medicare Advantage Plans for 2026.

While possible duplicative mailings and two ID cards may cause some confusion, the ability to hold benefits largely steady and create savings for the Plan with little disruption is encouraging.

## 2026 Plan Design Medicare Advantage Plans

	20	25	2026	
SERVICES	Humana® GROUP MEDICARE Advantage		Humana® Medicare Advantage & Humana® Prescription Drug	
	BASE PLAN	ENHANCED PLAN	BASE PLAN	ENHANCED PLAN
Annual Deductible	\$	0	\$0	
Out-of-Pocket Maximum (Medical)	\$4,000	\$3,300	\$4,000	\$3,300
Out-of-Pocket Maximum (Pharmacy)	\$2,000		<mark>\$2,100</mark>	
In-Patient Hospital / Emergency Room	Days 1-10: \$160/day Days 1-10: \$125/day Days 11+: \$0 / \$65 ER		Days 1-10: \$160/day Days 11+: \$	Days 1-10: \$125/day 0 / \$65 ER
Out-Patient Surgical Copay	\$2	50	\$250	
Primary Care Provider Office Visit	\$20	\$10	\$20	\$10
Specialist Visits	\$40	\$35	\$40	\$35
Chiropractic Visits	\$2	20	\$20	
Rx Tier 1	\$1	0	\$10	
Rx Tier 2	\$4	10	\$40	
Rx Tier 4	25% coins	up to \$100	25% coins up to \$100	
Rx Tier 5	N	Ά	N/A	
Actuarial Value	90.2%	91.0%	90.2%	91.0%

#### Only one benefit adjustment: to OOP per CMS requirement.







COMMUNICATE, COMMUNICATE, COMMUNICATE. PARTNER WITH a bundle provider to fill out our network across N.C. and launch pilots to generate savings early.



FINALIZE primary care and specialty terms.



TRAIN and ROLLOUT price transparency for providers in 2025.

HBR OE Training



**SET PREMIUMS** 

August 15

for 2026.



October 13-31 OPEN ENROLLMENT for 2026.





# **Aetna Transition Update**

- Formulary Changes/Specialty (Limited Distribution Drugs)
- Clear Pricing Project Evolution
- Lab & X-Ray Copays
- Provider Contracting Differences
- Bundled Services



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