

July 2022 HBR Update



2023 Premium Rates Announced

The State Health Plan Board of Trustees approved health plan premium rates for 2023 at the July 13, 2022, board meeting.

The monthly employer contributions below will be effective January 1, 2023, which means they should be reflected in December payroll deductions.

- Active Employer Contribution Rate: \$584.96
- Retiree Employer Contribution Rate: \$472.08
- Non-Permanent Full-time Employer Rate (HDHP): \$159.88

Please note: Premium rate sheets will be posted to the State Health Plan website by September 1. As a reminder, the current monthly employer contribution rate for active employees is \$647.86.

HBR OE Training This Month!

This week and next week, let us help **you** get ready for Open Enrollment! The State Health Plan (Plan) is holding Open Enrollment trainings for HBRs. Open Enrollment trainings cover important information regarding 2023. These trainings will be offered as webinars, so you may join us from the comfort of your own desk. As a reminder, the Plan holds these trainings in July, per the request of HBRs.

This year, Open Enrollment will be held October 10-28, 2022. Reserve your spot to ensure you have the information you need to best serve your employees! Click below to register for the one that best fits your schedule.

Open Enrollment HBR Trainings Dates/Times:

- [July 19, 2022, from 2 to 4 p.m.](#)
- [July 21, 2022, from 10 a.m. to noon](#)
- [July 26, 2022, from 2 to 4 p.m.](#)
- [July 28, 2022, from 10 a.m. to noon](#)

The Plan will also begin to focus on Open Enrollment during the HBR monthly webinars in addition to other important announcements. To register for the monthly webinars, visit the Plan's [website](#).

Employees Can Now Get a Head Start on Open Enrollment

Employees who are tobacco users and want to earn their monthly premium credit for 2023 don't have to wait until Open Enrollment this fall. They can take action **right now** to save money throughout 2023.

Effective July 1, 2022, tobacco users can attend a tobacco cessation counseling session at any provider's office that offers the service for FREE to earn a lower premium for 2023. They have until November 30, 2022, to take action. (Note: If employees combine their tobacco cessation visit with another service, there may be a copay.)

This convenient employee option means there's no need to wait for Open Enrollment in October to secure their monthly premium credit for 2023.

How it works:

- After employees visit a provider for their tobacco cessation session, the provider will submit a claim on their behalf. To ensure they receive credit for their visit, employees can upload their office visit summary to the "Document Center" located in [eBenefits](#), the State Health Plan's enrollment system. They should make sure to request a copy of their summary during their visit.
- This action is **ONLY** for tobacco users who want to reduce their monthly premium by \$60 per month in 2023.
- If employees are **NOT** tobacco users, they will simply attest to that online during Open Enrollment, October 10-28, 2022.
- During Open Enrollment, they will need to attest during the online enrollment process. This step is critical to ensure employees receive the lower premium for 2023.

As a reminder, employees who took no action last year or attested that they were tobacco users will receive a postcard reminder this month regarding this information.

Upcoming HBR Monthly Webinars!

All monthly HBR webinars begin at 10 a.m. To register for the monthly webinars, see below or visit the Plan's [website](#). As HBRs know, the State Health Plan utilizes monthly HBR webinars as monthly training opportunities. The monthly webinars serve as the main source of updates and guided training. Given this emphasis, HBR attendance at each monthly webinar is required.

As a reminder, you can find presentations for a webinar you missed by visiting the **new** State Health Plan [HBR Monthly Training Archive](#) page. Be sure to check the HBR [Training and Development](#) page often to sign up for upcoming webinars and review the resources available to you, like [HBR University](#)!

Monthly HBR webinars continue through 2022. Don't miss any! To register for the monthly webinars, see below or visit the Plan's [website](#).

- [July 20, 2022, 10-11 a.m.](#)
- [August 17, 2022, 10-11 a.m.](#)
- [September 21, 2022, 10-11 a.m.](#)
- [October 19, 2022, 10-11 a.m.](#)
- [November 16, 2022, 10-11 a.m.](#)
- [December 14, 2022, 10-11 a.m.](#)

Save the Date!
2023 Open Enrollment
Oct. 10 - Oct. 28, 2022





Next HBR Monthly Webinar
July 20, 2022 - 10am

[Click to Register! >](#)



**This Month's
Healthy
Recipe**



**This Month's
Wellness
Tip**



**Watermelon, Cucumber
and Feta Salad**

[Get the Recipe! >](#)



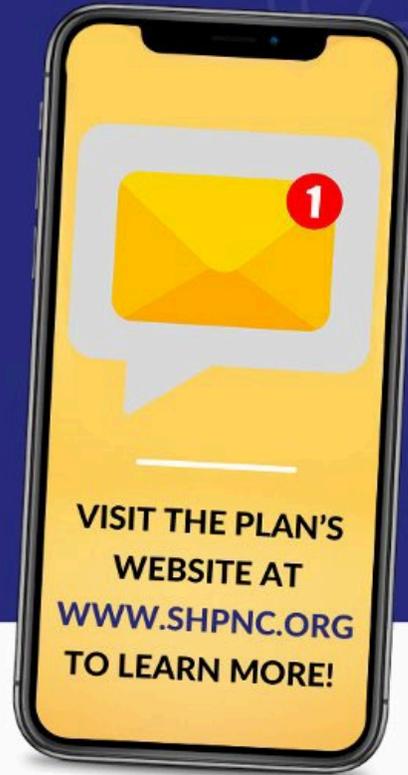
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Eligibility and Enrollment Questions: 855-859-0966

Prescription Questions: 888-321-3124

For questions on this newsletter, e-mail: ppo.inquiries@nctreasurer.com



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