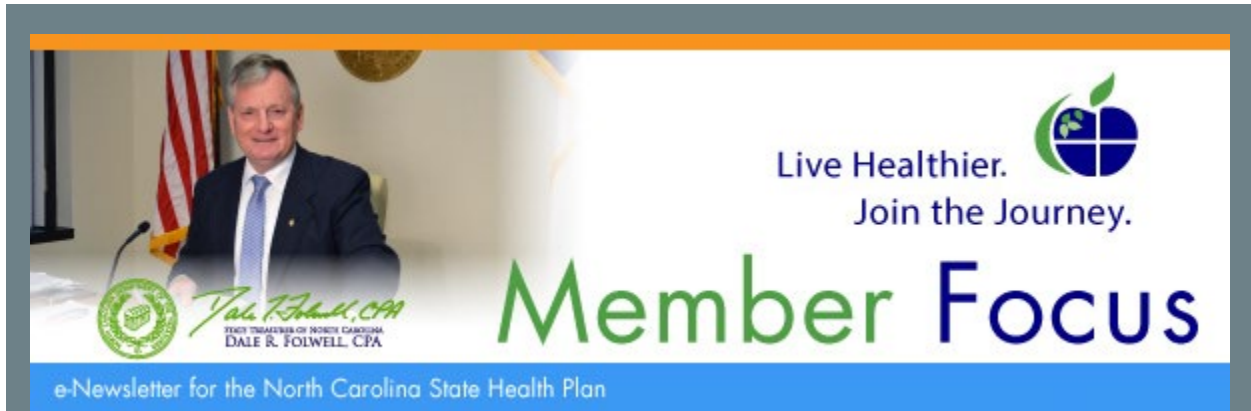


August 2020 Member Focus



Heads Up On Open Enrollment!

(Active and Non-Medicare Members)

2021 Open Enrollment will be held October 15-31, 2020. So why start thinking about it in August? Simple. The more you know, the more prepared you'll be to make decisions in October that will save you money throughout 2021.

All members will be automatically enrolled in the 70/30 Plan for the 2021 benefit year, which will have an \$85 employee-only premium. You can reduce this premium by \$60 to a \$25 employee-only premium by completing the online tobacco attestation during Open Enrollment.

Members who wish to enroll in the 80/20 Plan or who wish to reduce their monthly premium in either the 80/20 Plan or the 70/30 Plan by completing the tobacco attestation will need to take action during Open Enrollment.

Here's some important news for 2021:

- No premium increases for the 3rd year in a row!
- Members who select a [Clear Pricing Project](#) Provider as their Primary Care Provider will enjoy a \$0 copay!
- Reduced copays for members who visit a Clear Pricing Project Specialist!
- Preferred and non-preferred insulin will have a \$0 copay for a 30-day supply!
- Preventive Services remain free – no copay or deductible – on the 80/20 and 70/30 plans!

Check out these savings that members will enjoy in 2021:

CLEAR PRICING PROJECT PROVIDER COPAY COMPARISON CHART		
Provider	80/20 Plan	70/30 Plan

Primary Care Provider (PCP)	\$0 for Clear Pricing Project (CPP) PCP on ID card; \$10 for non-CPP PCP on ID card; \$25 for any other PCP	\$0 for Clear Pricing Project (CPP) PCP on ID card; \$30 for non-CPP PCP on ID card; \$45 for any other PCP
Specialist	\$40 for CPP Specialist; \$80 for other Specialists	\$47 for CPP Specialist; \$94 for other Specialists
Speech, Occupational, Chiropractor and Physical Therapy	\$26 for CPP Providers; \$52 for other Providers	\$36 for CPP Providers; \$72 for other Providers

Tobacco Users Can Get a Head Start on Earning a Premium Credit for 2021!

(Active and Non-Medicare Members)

Tobacco users who want to earn their 2021 premium credit don't need to wait for Open Enrollment. Tobacco users can complete a tobacco cessation counseling session at a CVS MinuteClinic or Primary Care Provider's (PCP) office for FREE to earn a lower premium for 2021!



Tobacco users have until **November 30, 2020**, to take action. (If you combine your tobacco cessation visit with another service, there may be a copay.) **For non-Medicare members, this activity is only applicable if you want to enroll in the 80/20 Plan.**

Before your cessation counseling visit, go to the Plan's [website](#) and print off instructions for your provider to ensure your visit is billed correctly and is FREE. This document is not required, but helpful for your provider.

If you are NOT a tobacco user, you will simply need to attest to that online during Open Enrollment.

Convenient Open Enrollment Webinars!

(Active and Non-Medicare Members)

This year, the Plan recognizes that many of you may be working remotely and your ability to communicate with your office may be limited to email. The Plan is here to

help and will be offering numerous virtual opportunities for you to learn more about your 2021 benefits and Open Enrollment.

Specifically, the State Health Plan is offering several convenient Open Enrollment webinars to help you get the information you need to make the best choice for your 2021 health plan benefits.

Open Enrollment webinars begin in September. Click the registration link below for a time that is most convenient for you! Register soon as space is limited!

Date	Time	Registration
10/8/2020	12:30pm-1:30pm	Register
10/8/2020	4:00pm-5:00pm	Register
10/13/2020	12:30pm-1:30pm	Register
10/13/2020	4:00pm-5:00pm	Register
10/15/2020	10:00am-11:00am	Register
10/21/2020	12:30pm-1:30pm	Register
10/21/2020	4:00pm-5:00pm	Register
10/26/2020	12:30pm-1:30pm	Register
10/26/2020	4:00pm-5:00pm	Register
10/28/2020	10:00am-11:00am	Register

SHP 101 Webinar: Spotlight on the Clear Pricing Project

(Active and Non-Medicare Members)

The next State Health Plan 101 webinar will focus on the Clear Pricing Project (CPP), including how the CPP works, who it affects and how members can save money in the 2021 benefit year by finding and using CPP providers.

The webinar, set for September 9, 2020, at 10 a.m. and 4 p.m. is designed for members on the 80/20 and 70/30 plans. Space is limited, so register today!

Date	Time	Registration
9/9/2020	10:00am-11:00am	Register
9/9/2020	4:00pm-5:00pm	Register

Have You Heard About Your Medicare Advantage Plans? Humana is Coming in 2021 - With Cost Savings!

(Medicare Members)

There's big news for Medicare-eligible members for 2021 Open Enrollment! Starting January 1, 2021, Humana will offer Group Medicare Advantage Plans for the State Health Plan. As a Medicare-eligible member, you will continue to have three plan options in 2021:

- The Humana® Group Medicare Advantage (PPO) Base Plan
- The Humana® Group Medicare Advantage (PPO) Enhanced Plan
- The 70/30 Plan, administered by Blue Cross and Blue Shield of NC

Why the change to Humana? Our contract with UnitedHealthcare was ending and we were required to conduct a competitive bid process. Humana won the contract. But that's good news for you! Because of the change to Humana, there will be substantial savings for dependent premiums on the Medicare Advantage plans in 2021! In the Base Plan, the dependent premiums will be:

- Medicare-eligible subscriber and spouse, \$4 (down from \$112 in 2020)
- Medicare-eligible subscriber and child, \$4 (down from \$112 in 2020)
- Medicare-eligible subscriber and family, \$8 (down from \$224 in 2020)

Important points to remember:

- The Medicare Advantage plans will continue to offer a “passive” network which allows members to continue seeing their current providers regardless of being in or out of Humana’s network. The provider will need to be participating with Medicare and agree to bill the Medicare Advantage plan carrier.
- The Medicare Advantage Base Plan will offer the same benefits members enjoy today. The Medicare Advantage Enhanced Plan does have a few changes, and, in both plans, medication coverage may differ slightly from what you experience today.
- If you are currently on the Medicare Advantage Base Plan or the 70/30 Plan, you will **REMAIN** on that plan and do not need to take action during Open Enrollment. If you are currently on the Medicare Advantage Enhanced Plan, you will be moved to the Medicare Advantage Base Plan for the 2021 benefit year and will need to take action during Open Enrollment if you want to enroll in the Medicare Advantage Enhanced Plan.

Join the State Health Plan for a webinar August 20 at 10 a.m. or 3 p.m. to discuss the Plan’s transition to Humana for its Medicare Advantage Plans for 2021.

To register, click below for the time that works best for your schedule:

Date	Time	Registration
8/20/2020	10:00am-10:45am	Register
8/20/2020	3:00pm-3:45pm	Register

2021 Open Enrollment Medicare Virtual Outreach Events Start Soon!

Due to the COVID-19 pandemic and for the safety of our members and staff, the Plan will not be hosting onsite events this year. However, the Plan will be offering various ways for you to learn more about your 2021 benefits.

Online webinars will be offered and include information on all of your 2021 benefit options including any changes in benefits. Representatives from the State Health Plan, Humana and Blue Cross NC will present. To register, visit the Plan's website at www.shpnc.org.

Date	Time	Registration
September 22	10:00AM	Register
September 22	2:00PM	Register
September 23	10:00AM	Register
September 23	2:00PM	Register
September 24	2:00PM	Register
September 24	7:00PM	Register
September 30	10:00AM	Register
September 30	2:00PM	Register
October 1	7:00PM	Register
October 6	10:00AM	Register
October 6	2:00PM	Register
October 7	10:00AM	Register
October 7	2:00PM	Register
October 8	10:00AM	Register
October 8	2:00PM	Register
October 13	10:00AM	Register
October 14	2:00PM	Register
October 16	10:00AM	Register
October 16	2:00PM	Register
October 19	10:00AM	Register

October 19	2:00PM	Register
October 20	10:00AM	Register
October 20	2:00PM	Register
October 22	10:00AM	Register
October 22	2:00PM	Register
October 27	10:00AM	Register
October 27	2:00PM	Register
October 28	10:00AM	Register
October 28	2:00PM	Register

Telephone Town Halls are a lot like listening to a radio show over the phone. Participating is easy! You can register your phone number by visiting the State Health Plan's website at www.shpnc.org to reserve your spot or click below for the time that works best for your schedule.

Date	Time	Registration
9/29/2020	2:00pm-2:45pm	Register
10/1/2020	4:00pm-4:45pm	Register
10/12/2020	2:00pm-2:45pm	Register
10/13/2020	7:00pm-7:45pm	Register
10/21/2020	7:00pm-7:45pm	Register

If you need assistance with registering for a webinar or a Telephone Town Hall event, please call the RSVP Hotline at 866-720-0114, Monday-Friday, between 8 a.m.-5 p.m. ET.

SilverSneakers Access During COVID-19

(Medicare Advantage Members)

Although many gyms and exercise facilities are closed due to the COVID-19 pandemic, the SilverSneakers program understands you want to stay healthy but remain safe at the same time. If your local SilverSneakers facility is not open, there are many digital tools available which provide you access to live workouts, on demand videos and popular articles about various topics. They include:

- Ways to Stay Connected
- Exercises to Ease Sciatica Pain
- Conquering Clutter
- Plus many recipes

You may access many things through www.SilverSneakers.com or through Facebook (live classes plus videos) as well as the SilverSneakers GO app, YouTube and Instagram. To learn more about what is available online, please view this [video](#).

SilverSneakers realizes not everyone may have an Internet connection, or it may be a limited connection. If you would like to receive an at-home exercise kit, please reach out to SilverSneakers Customer Experience by calling 866-584-7389, Monday-Friday, 8 a.m.-8 p.m. ET.

What's True About the Flu Program

(All Members)

Are you ready for flu season? Getting a flu shot is easy for State Health Plan members through the "What's True About the Flu" program.

The flu vaccine is available at no charge to all Plan members when you receive a shot at a worksite clinic, any in-network doctor's office, in-network health department, participating Convenient Care Clinics, or through a participating North Carolina immunizing pharmacist. **The worksite flu shot clinics will run from September 14 through December 31, 2020.** For a list of current flu shot worksite clinics, [click here](#).

You can learn more at the State Health Plan [website](#).

Members on the UnitedHealthcare (UHC) Medicare Advantage plans should contact UHC directly for flu shot information at 866-747-1014.

Did You Know...

National Immunization Awareness Month

August is National Immunization Awareness Month. This observance highlights the importance of vaccination not only for children, but for people of all ages. Immunizations are among the most effective ways to protect against serious diseases. Many vaccine-preventable diseases are no longer common, thanks to vaccines!



The Plan covers the full series of preventive immunizations recommended by the Centers for Disease Control and Prevention (CDC) and the American Academy of Family Physicians. Coverage falls under the medical or pharmacy benefit, through an in-network provider. Even during the COVID-19 pandemic it is important for infants, children and teens to receive required immunizations on schedule.

Learn more about the recommended vaccinations through the resources below:

- CDC: 2020 [recommended vaccinations](#) for children from birth through 6 years old.
- N.C. Department of Health and Human Services: [immunization requirements](#) for young children through college age students.
- CDC: Recommended [vaccines for adults](#).

SAVE THE DATE:

2021 Open Enrollment October 15-31, 2020!

Watch for your 2021 Decision Guide in the mail and make sure to READ it to take full advantage of the choices available and the opportunity to save money on your benefits.

Be a State Health Plan

WATCHDOG

Discover How You Can Help!





**Walnut Pesto
Pasta Salad**

**Increasing
Physical Activity**

[Get the Recipe](#)

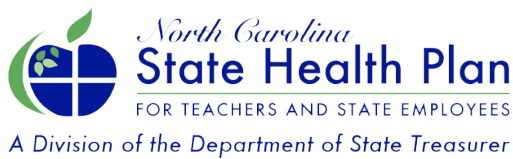
[Click for the Tip](#)

Connect with us on facebook

Eligibility and Enrollment Questions: 855-859-0966

Prescription Questions: 888-321-3124

For questions on this newsletter, e-mail: ppo.inquiries@nctreasurer.com



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