

October 2026



Open Enrollment is Underway and Ends November 6!

(All Members)

Open Enrollment for 2027 benefits began Oct. 12 and has now been **extended until Nov 6, 2026**!

Active & Non-Medicare Members

All active and non-Medicare members will be automatically enrolled in the Standard PPO Plan. If you would like to enroll in the Plus PPO Plan or if you would like to make changes to your dependents, you will need to **TAKE ACTION** during Open Enrollment.

Non-Medicare members in the Retirement Systems who remain in the Standard PPO Plan and are eligible, will continue to be premium free for subscriber-only coverage.

Medicare Members

Members enrolled in a Humana Medicare Advantage Plan **WILL REMAIN** in that plan for 2027 and do not need to take action during Open Enrollment **UNLESS** you

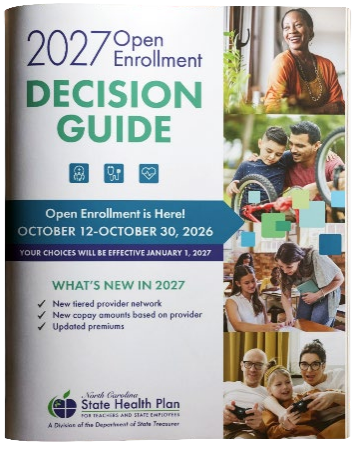
would like to enroll in a different plan or need to make any changes regarding your dependents.

If you are enrolled in the 70/30 Plan, you will be enrolled in the Humana Medicare Advantage Base PPO & Prescription Drug Base Plans for 2027. If you do not want to be in that plan or if you need to make changes regarding your dependents, you will need to **TAKE ACTION** during Open Enrollment.

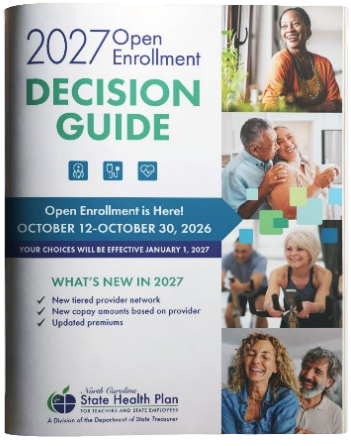


Open Enrollment Resources

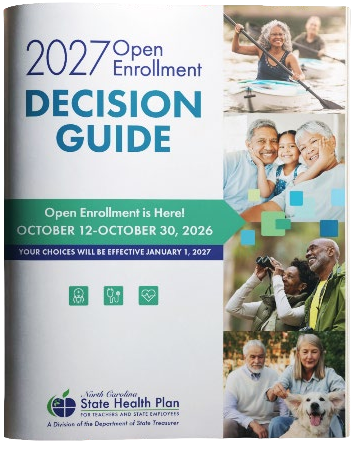
Active Members Decision Guide



Non-Medicare Decision Guide



Medicare Members Decision Guide



Active/Non-Medicare Overview Video



Medicare Members Overview Video



Decision Guides, Rate Sheets and additional Open Enrollment resources for all members are available on the Plan's website at www.shpnc.gov.

Open Enrollment Webinars & Events

(All Members)



The State Health Plan continues to offer several opportunities for you to get connected and informed. Members are encouraged to participate in one of these events, which provide helpful information to assist in making informed decisions during Open Enrollment.

To find the complete event schedule and to register for a webinar or in-person event, visit the State Health Plan's Upcoming Events page. Make sure you select the correct event based on if you are an active employee, Non-Medicare or Medicare retiree.

Eligibility and Enrollment Support Center Extended Hours During Open Enrollment

The Eligibility and Enrollment Support Center (855-859-0966) offers extended hours during Open Enrollment.

- Monday-Friday: 8am-10pm
- Saturdays: 8am-5pm

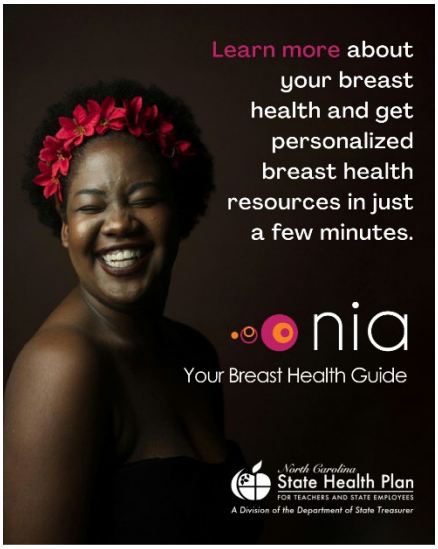
Please note that the last week of Open Enrollment, the Eligibility and Enrollment Support Center will not be open Sat. Oct. 31, and regular hours will resume Nov. 2-6 (8a.m.-5p.m.).



October is Breast Cancer Awareness Month

(All Members)

Make your breast health a priority. Knowing your personal risk, staying up to date on recommended screenings, and talking with your doctor can help support early detection—and early detection can make a difference.



In 2026, an estimated 382,640 women and 2,670 men will be diagnosed with breast cancer in the U.S. according to the National Breast Cancer Foundation. Early detection supports better outcomes.

Take the Nia assessment, a free tool to help you understand your breast cancer risk and screening needs.

The State Health Plan's Cancer Prevention Resource Center provides trusted, evidence-based resources

to help members reduce their cancer risk, learn about early detection, and make healthy lifestyle choices. *Reminder:* Preventive care is covered at 100% for members on the Plan. Visit www.shpnc.gov to find a doctor.

Get Your Mammogram and Earn a $25 Go365 Reward!

(Humana Medicare Advantage Members)

The Humana Medicare Advantage plan covers annual preventive mammograms with no out-of-pocket costs to members. The cost for a diagnostic mammogram, such as to diagnose a medical condition, can vary based on your insurance coverage.

American Cancer Society® Recommendations

- Women ages 45 to 54 should have a mammogram once per year
- Women 55 and over should get breast cancer screenings every 2 years, or annually if they choose

Why Preventive Mammograms Matter

- Early detection saves lives
- Can detect abnormal cells up to 3 years before symptoms
- Reduces breast cancer mortality by about 40%
- 80–85% of breast cancers occur without family history

Go365 Rewards
Earn $30 annually in Go365 rewards for completing your mammogram!

If you have a MyHumana account, you can use the same information to log in to Go365.com. If not, activate your profile at MyHumana.com. Once you log in to Go365, you'll see eligible activities you can complete to earn rewards. Once you've earned at least $10 in rewards, choose your gift cards in the Go365 Mall. Your reward will show up automatically in your Go365 account if billed through your Humana medical or pharmacy plan. This can take up to 90 days.



Preferred Provider Corner

(Active, Non-Medicare Retirees and Medicare Members Enrolled in the Standard PPO Plan)

You serve North Carolina. We're here to serve you.

Beginning Jan. 1, 2027, UNC Health will be a Preferred Provider for the North Carolina State Health Plan. As North Carolina's health system, we're proud to serve the teachers, first responders, public servants, university employees and families who serve our state every day. Whether you already receive care at UNC Health or are considering us for 2027, we're ready to help you find care, plan for ongoing healthcare needs, and prepare for the year ahead.

Get ready for 2027. *unchealthstateplan.org*

UNC HEALTH®

Coming in 2027: More value with Novant Health.

Beginning Jan. 1, 2027, Novant Health will be a Preferred Provider, giving you access to high-quality, connected care at the lowest possible out-of-pocket cost. With a statewide network of hospitals, clinics and virtual care options, it's easy to get the care you need close to home. Plus, our dedicated concierge service (888-894-9777) can help you find a provider, connect with specialists and schedule appointments, making your transition into 2027 simple and seamless.

Get started now. *NovantHealth.org/SHP*

NOVANT® HEALTH

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Cozy Fall
Vegetable Stew

GET THE RECIPE! >



Breast Cancer
Awareness Month

LEARN MORE! >



Eligibility and Enrollment Questions: 855-859-0966
For questions on this newsletter, e-mail: shpmemberinquiries@nctreasurer.gov

North Carolina State Health Plan
FOR TEACHERS AND STATE EMPLOYEES
A Division of the Department of State Treasurer