

# Health and wellness discounts

Get a little help to reach your best health.



## Natural products and services discounts

There are many paths to your best health. Your Aetna® plan can help you find a natural one. It offers discounts on natural therapy products, services and more through the ChooseHealthy® program



### Provider discounts on services

Whether you're feeling pain or stress, or just want to relax, you have options.

You can get discounts on:

- Massage therapy
- Acupuncture
- Chiropractic visits
- Nutrition services



### More savings

Save on a wide range of popular health and fitness products, such as wearable fitness devices, fitness kits and more. And you'll enjoy no-cost shipping on all orders.

You have two ways to order through ChooseHealthy:

- **Online:** Use your Aetna member ID card to create an account for discounts on all future orders.
- **By phone:** For more information or help finding a provider, call **1-877-335-2746**.



**Built-in plan discounts** with no referrals, claims or limits. Your family can use them, too.

### How to get started

Visit **SHPNC.gov**, log in to **eBenefits** and click **Aetna member portal** under **Quick Links**. Use your Aetna member ID card to create an account to receive discounts.

**DISCOUNT OFFERS ARE NOT INSURANCE.** These are not benefits of the State Health Plan. You get access to discounts off the regular charge on products and services offered by third-party vendors and providers. Aetna makes no payment to the third parties — you are responsible for the full cost. Check any insurance plan benefits you have before using these discount offers, as those benefits may give you lower costs than these discounts.



## LifeMart Member Discount Program

Browse major savings on major brands for all your health and wellness needs. Access LifeMart anywhere, anytime, on any device. It's the fast and easy way to:

- **Save money** on everything from gyms to car rentals, gifts to groceries, electronics to entertainment, and much more.
- **Save time** with instant, one-stop shopping — no need to go to the store or search online.
- **Shop as often as you'd like** — the more you shop, the more you save, with no limits!
- **Have fun** discovering exclusive new deals on the brands you love — offers are updated regularly.

Plus, you can **download the LifeMart app** and browse major savings on the go.

**LifeMart**<sup>®</sup>  
Member Discount Program



### How to register

Visit [SHPNC.gov](https://shpnc.gov), log in to **eBenefits** and click **Aetna member portal** under **Quick Links**. Use your Aetna member ID card to sign up for and access LifeMart.

**Aetna is the brand name used for products and services provided by one or more of the Aetna group of companies, including Aetna Life Insurance Company and its affiliates (Aetna).** Refer to [Aetna.com](https://aetna.com) for more information about Aetna<sup>®</sup> plans. Discount vendors and providers are not agents of Aetna and are solely responsible for the products and services they provide. Discount offers are not guaranteed and may be ended at any time. Aetna may get a fee when you buy these discounted products and services.

Natural products and services are offered through ChooseHealthy, a program provided by ChooseHealthy, Inc., which is a subsidiary of American Specialty Health Incorporated (ASH). ChooseHealthy is a registered trademark of ASH and is used with permission.

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